

## LOCATIONS

### **BVCASA Administrative Office**

Carter Creek Center  
4001 E. 29<sup>th</sup> Street, Ste. 90, Bryan, TX  
979/846-3560 • 979/846-3213/Fax

### **Bryan Outpatient Treatment Services**

Carter Creek Center  
4001 E. 29<sup>th</sup> Street, Ste. 90, Bryan, TX  
979/846-3560 • 979/846-3213/Fax

### **Hearne Outpatient Treatment Services**

MHMR Building  
1212 Brown St, Hearne \*TRA only  
979/361-9899

## Contact Us

### Location

4001 East 29<sup>th</sup> Street, Ste. 90  
Bryan, TX 77802

### Contact Information

Call (979) 846-3560 to schedule a screening, sign up for a class, or to learn more about our services.



[info@bvcasa.org](mailto:info@bvcasa.org)



[facebook.com/BVCASA](https://www.facebook.com/BVCASA)



[twitter.com/BVCASA](https://twitter.com/BVCASA)



[www.bvcasa.org](http://www.bvcasa.org)



## BVCASA Services

### Education Classes

Minor in Possession (MIP)  
Driving While Intoxicated (DWI)  
Choices Not Chances (Adult Education)  
Sobering Facts (Youth Education)

### Prevention

Blinn College Community Coalition  
Prevention Resource Center  
Prevention Tobacco Control Coalition  
Robertson County Community Coalition  
Youth Prevention Services: Toward NO Drugs and All Stars  
Zero Tolerance Community Coalition

### Intervention

Pregnant and Postpartum Intervention

### Treatment

Substance Abuse Screenings  
Adult Outpatient Treatment  
Youth Outpatient Treatment  
TDCJ Outpatient Treatment  
TDCJ Residential Treatment

Please call BVCASA's main number at  
(979) 846-3560 to schedule a screening.

For more information on BVCASA's  
programs and services, please visit our  
website: [www.bvcasa.org](http://www.bvcasa.org)

The Texas Department of State Health Services (DSHS) furnishes financial support to the activities described in this publication. This does not imply DSHS's endorsement or concurrence with the statements or conclusions contained herein. Any grievance which remains unresolved within BVCASA's procedures may be referred to:

DSHS Substance Abuse Services  
Attn.: Program Compliance  
909 W. 45th St., Austin, TX 78751  
Phone: 512-206-5000  
Toll Free: 1-866-378-8440



## Brazos Valley Council on Alcohol and Substance Abuse

### Adult Outpatient Treatment REACH Program

RECOVERY

EMPOWERMENT

ACCEPTANCE

COURAGE

HEALING

# BVCASA

## Adult Outpatient Treatment REACH Program

**REACH Recovery Services** is an evidence-based alcohol and drug outpatient treatment program. REACH is designed to meet the needs of adults, eighteen years or older, who are identified as abusing or dependent on alcohol and/or other drugs. Clients must be medically and mentally stable and willing to commit to a program of abstinence with minimal supervision.



## Adult Outpatient Treatment Services begin with...

**A FREE initial screening** to determine appropriateness for treatment.

**A psycho-social assessment** and individual interviews to identify the client's strengths and weaknesses to develop individualized treatment goals.

## OUTPATIENT PROGRAMS

**Adult Intensive Outpatient Treatment (TRA)** is open to any adult identified as abusing or dependent on alcohol or other drugs. It includes:

- A minimum of 12 hours of service weekly – both individual and group
- Chemical dependency counseling, education and life skills training
- 12-Step support group attendance on non-treatment days encouraged

**Adult Intensive Outpatient Treatment – Specialized Female (TRF)** is open to any adult woman with dependent children and pregnant women identified as abusing or dependent on alcohol or other drugs. It includes:

- A minimum of 12 hours of service weekly – both individual and group
- Chemical dependency counseling, education and life skills training that facilitate stable recovery and preservation of the client's family
- 12-Step support group attendance on non-treatment days encouraged

### Parenting

BVCASA offers a 6 week parenting program, held 2 times a week (a total of 12 sessions), using an Evidenced Based Practice curriculum for parents identified as substance abusers.

### Aftercare

A 3 month aftercare program is offered once a week (12-14 sessions) to individuals who have successfully completed adult outpatient treatment - at no cost for BVCASA Clients.

## Treatment Topics

- Abuse
- Parenting
- Prevention
- Alcoholism
- Spirituality
- Twelve Step
- Legal Issues
- Relationships
- Recovery Skills
- Low Self-esteem
- Self-Acceptance
- Self-Forgiveness
- Problem Solving
- Medical Services
- Pro-Social Skills
- Co-dependency
- Guilt or Shame
- Nicotine Addiction
- Reproductive Health
- Stress Management
- Accessing Community Resources
- Managing Negative Emotions
- Setting Healthy Boundaries
- Critical Thinking Errors
- Assertiveness
- Grief & Loss
- Feelings
- Communication
- Drug Addiction
- Financial Issues
- STD/HIV/AIDS
- Anger & Resentments
- Defense Mechanisms
- Gambling Addiction
- Family Relationships
- Relapse Prevention

## Program Cost & Payment

- ★ **Medicaid**
- ★ **Limited Private Insurance**
- ★ **Self-pay**
- ★ **NO or LOW COST possible for those without a payer source, depending on financial eligibility.**

**While all qualified individuals are welcome, priority populations include:**

- 1) Pregnant injecting drug users;
- 2) Pregnant substance abusers;
- 3) Injecting drug users;
- 4) Parents with children in foster care; &
- 5) Veterans with honorable discharges.